

June 2022 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Baked Herbed Pork Chop Scalloped Potatoes Steamed Spinach Seasonal Fruit	2 Chicken Alfredo Pasta Steamed Broccoli Seasonal Fruit	3 Cheeseburger Potato Wedges Coleslaw Seasonal Fruit
6 Salisbury Steak Mashed Potatoes Capri Mixed Vegetables Seasonal Fruit	7 Chicken Piccata Biscuit Steamed Green Beans Seasonal Fruit	8 Pulled Pork Roasted Potatoes Green Peas Seasonal Fruit	9 Egg Salad Sandwich Potato Chips Sliced Carrots Seasonal Fruit	10 Chicken Caesar Salad Dinner Roll Seasonal Fruit
13 Cheese Ravioli With Meat Sauce Steamed Cut Broccoli Seasonal Fruit	14 Southwest Chicken Salad Black Beans & Corn Tomatoes Seasonal Fruit	15 Baked Ham Pineapple Sauce Potato Au gratin French Cut Green Beans Seasonal Fruit	16 Sliced Turkey & Gravy Mashed Potatoes Mixed Vegetables Seasonal Fruit	17 Tuna Salad Sandwich Coleslaw Chips Seasonal Fruit
20 Chicken Marsala Rice Pilaf Steamed Brussels Sprouts Seasonal Fruit	21 Country Fried Steak Mashed Potatoes Mixed Vegetables Seasonal Fruit	22 Ham & Cheese Sandwich Chips Hard Boiled Egg Seasonal Fruit	23 Chicken Fajitas With Onions & Peppers Spanish Rice Beans Seasonal Fruit	24 Chef's Salad Hard Boiled Egg Tomatoes Chips Seasonal Fruit
27 Teriyaki Chicken Brown Rice Asian Vegetables Seasonal Fruit	28 Farmer's Pot Roast Steamed Rice Carrots Seasonal Fruit	29 Carolina Pulled BBQ Chicken Scalloped Potatoes Steamed Corn Seasonal Fruit	30 Meat Lasagna Steamed Broccoli Seasonal Fruit	

Milk, bread and margarine served at every meal

Menus may be subject to change

If you have any questions regarding the meal or service, please contact **Sodexo at 951-877-5950**.

If you have any questions for our Registered Dietitian, please contact Vanh Bender at Vanh@healthylivingconsulting.net.

Congregate Site Reservations may be made at Sodexo's Office: 951-877-5950 by 1:30 pm the business day before

Good Hope 951-943-9126
Mead Valley 951-210-1587
Stratton 951-826-5355

Janet Goeske 951-351-8801
Murrieta 951-461-6122
Temecula 951-694-6464

Lake Elsinore 951-674-2526
Norco 951-270-5647
Villegas 951-351-6142



All Meals Funded By Office On Aging 1-877-932-4100